

February 21, 2012

Media Alert

**Diocese of Orlando Catholics Join Christians throughout the World
to Mark the Start of Lent
“Children Helping Children” New Lenten Project Begins**

Who: Bishop John Noonan, students, staff and parents of St. James Cathedral School

What: Distribution of Ashes on the observance of Ash Wednesday marking the start of Lent

When: Wednesday, February 22, 2012, 8:00 a.m.

Where: St. James Cathedral School gymnasium, 505 East Ridgewood Street, Orlando

Other Information: Ash Wednesday is a day of fast and abstinence for Catholics. At Mass on Ash Wednesday, the imposition of ashes replicates an ancient penitential practice and symbolizes our dependence upon God's mercy and forgiveness. Lent is a time of increased prayer, fasting and charity.

The students of St. James Cathedral School will carry out a Lenten project called “Children Helping Children.” Students in all grades will be collecting items to donate to students from a nearby school, Fern Creek Elementary.