



Life In the Eucharist (LITE)



The LITE Movement is a parish-based formation program which aims to introduce and develop in the participants a profound understanding of the Eucharist and carry out its implications in daily life.

This national program was developed in part, by a priest of the Congregation of the Blessed Sacrament, Father George Dunne, who previously served as associate pastor at St. Stephen Catholic Church in Winter Springs.

The retreat and subsequent training is presented at parishes by a team of expert and experienced lay people under the guidance of a priest director. Since its inception, it has been accomplishing remarkable results. Because of this program, more people are rediscovering the greatest treasure our Lord Jesus has left us and indeed make the Eucharist, “the source and summit of the Christian life” (LG 11). For more information visit

<http://eucharisticevangelizing.com/>.