



# LOVE, CONNECT AND CARE

## FAMILY CHALLENGE



Choose at least 1 item in each section to do together.

### *Love Greater:*

Family time – Schedule and do a “family day” (just plain fun).

Extravagant affection – Right before bed, all members of the household hug, kiss, and bless each person.

### *Connect Better:*

Play – Take a 15-minute play break together.

Work – Choose a chore to do together as a household.

Talk – Take turns sharing about a “rose” (good thing/highlight) and a “thorn” (bad thing/negative) of the previous week.

Pray – Trace the sign of the cross on each member of the household before leaving the house.

### *Care Deeper:*

Family – Post the “Family Works of Mercy” in a prominent spot and have at least 1 sticker/star in each box.



**When you have completed the challenge, post it and tag (Diocese of Orlando)!**