

SENIOR PRIEST CONNECTIONS



IN THIS NEWSLETTER

Bishop's Letter
Emmaus Construction Details
Health Tips: De-Cluttering our Lives

BISHOP'S LETTER

What's in your heart?

My Sisters and Brothers in Christ:

There is an advertisement which we hear or see often and the celebrity or other spokesperson questions, "What's in your wallet?" This is the crux of the secular world; that all we are is measured by what is in our wallet. What is the richness we have; how many things do we have; how big is our house; how expensive is our house, etc.



WHAT'S IN YOUR HEART

Continued

Jesus speaks to us from a different perspective, "What's in your heart?" He talks about the measurement of our soul, our ability to focus on God. The largeness of our house is the openness of all our hearts, all our understanding, and all our strength to live as a dwelling place of God. The wealth we accumulate is not the amount of money; rather, it is the number of encounters with people in which we bring forth God's holy love.

St. Paul speaks to the Hebrews about this, exhorting them and us to rid ourselves of every burden and thing that clings to us so that our entire focus is God. The temptations of the world will not deliver the Kingdom of Heaven on this earth. Our hope is to follow Jesus and to bring His compassion, His divine love to the people we meet.

You might say, "Bishop, I do that. I love my family. I have good neighbors and we get along well." But Jesus and His prophets and disciples are saying that our delivery of God's Kingdom goes beyond our inner circle. It means that when we listen to or watch the news, that we drop our judgement of the people about whom the news speaks, whether a politician or a representative of an organization, or someone accused of committing a crime. Instead, we are called to leave the judgement to God and pray for these people that they may receive God's blessing and conversion. We are called to look into our own heart and rid ourselves of any disability to love God so that as people encounter us, they can experience God by our words, thoughts, and actions.

The Gospel is about joy. Jesus' living is to bring joy to the people; not criticism or deprivation. His ministry points to this joy and loves us by His death on the Cross, to bring us life everlasting. How glorious is this gift for our sake! Our Blessed Mother also proclaims this joy as she carried Jesus in her womb and lives as our Advocate and Intercessor. In her humility she shows us how to love fully and, like her Son, our perfect model of life-giving joy. Pope Francis said, "Let us relive the moments in which we have experienced His presence and Mary's intercession. May she help us treasure the signs of God's presence in our lives."

"Since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and thing that clings to us and persevere in running the race that lies before us while keeping our eyes fixed on Jesus"

(Hebrews 12:1,2).

By living God's love, we will find disruption, for letting go of earthly matters will be counter-cultural and may not allow favor with our friends or family. When someone is disparaging another, it may be difficult to offer a prayer or even speak out loud, "Let us pray for him/her that he/she finds God's Peace." Forgiveness must be the utterance of our tongue and the core of our being, no matter the situation.

Remember Jesus asks if any of us are sinless, and no one is able to come forward to condemn. What are we doing about this? Are we participating in the celebration of Mass to receive the Eucharist that we might be fortified to live purely? Do we take time for prayer each day? Do we speak about God with each other, and not assume that there is knowledge? Do we know what we believe? Do we seek the Sacrament of Penance so that we might be renewed in God's holy grace?

On August 10, our children returned to school. Let us pray for them, their families, faculty and staff, and guide them to know God. God gives us blessing after blessing to be His prophets, His disciples, to teach and bring others to know God. Let us take what God gives to us and multiply His blessing, fixing our eyes on Jesus.

What's in your heart?



Most Reverend John Noonan
Bishop of Orlando

MISSION

The Office of Senior and International Priests was established to collaborate with the Bishop and his senior priests. We are happy to provide support, information, and assistance to the Senior and International Priests of our diocese. If you have any questions, concerns, or updates, please do not hesitate to contact us.

STAFF - SENIOR & INTERNATIONAL PRIESTS



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Mark your calendars!

CALENDAR OF EVENTS

September 29, 2022

Blue Mass, 12:10 p.m.
St. James Cathedral

October 31 to November 2

Aging with Grace Retreat
San Pedro Spiritual
Development Center

December 13th & 16th

Christmas Luncheon with Bishop
Noonan. More details to come.

FROM THE VICAR OF SENIOR PRIESTS



*Rev. Fred Ruse,
Vicar for Senior Priests*

Dear Brothers,

COVID-19 finally caught up with me! What an adventure! The “high point” of the experience, though, was that my sister was visiting me at the time and since she and her two grandsons, for whom she has custody, have all had it, she had a lot of experience. I told her that “she saved my life”.

I also received similar and invaluable encouragement from my IndeQuest nurse. I always keep her in the loop about my health issues and in this case, she gave me perspective, writing:

“I have known more people personally that have tested positive with Covid in the last 3 months than I did the first 2 years of the pandemic. The positive note is that everyone has recovered at home like you.”

Right there, for me, that paid the price for the diocesan investment in this extraordinary health advocacy program of the Office of Senior Priests with which we have been blessed. So, if you still haven’t signed on to IndeQuest, do it and you’ll wonder why you didn’t do it sooner.

Before all of this “drama”, I had a few wonderful opportunities to connect with some of you. One day I made a “pilgrimage” to visit with Fr. Sean Heslin; and, on another day I spent some time with Fr. Donald Mainardi. All these moments felt like retreats. Sean was a joy to be with as we talked about a photo of his parents on his wall which pleased him greatly; Donald was like an encounter with St. Francis himself especially as he recalled some of his vision behind the design work he did for various enhancements at St. Charles during his ministry there.

Don’t hesitate to be in touch about anything. It’s a pleasure to be “a tu orden” (at your service). And, again, thanks be to God for those who make this Office what it is, thinking especially of Bishop Noonan and Deacon Joe Gassman, and of course our brothers in the “trenches” and all the faithful of our diocese.

Fred

EMMAUS



Greetings to you brothers and may this edition find you healthy and at peace. The Construction of the Emmaus Senior Priest Housing units, on the property of San Pedro Spiritual Development Center, is nearing completion. In the last issue, we mentioned two key actions potential residents need to complete to be considered for Emmaus: 1) Expressing your interest in writing to the Office for Senior Priests, and 2) Enrollment into the IndeQuest Nurse Care Management program. After you have completed these first two steps, you will receive a confirmation letter with the next steps in the process, which includes reviewing and updating a Priest Verification Form and your funeral arrangements.

For more information, scheduling a tour, and the criteria and availability of an Emmaus unit.

Please contact the Office for Senior Priests (407) 246-4898.

Deacon Joe Gassman

ACT NOW!

INDEQUEST NURSE CARE MANAGEMENT PROGRAM

IndeQuest nurse case managers are here to help. The IndeQuest nurse care manager can:

- Verify if your current medical providers and pharmacy are part of the new network.
- Find a new provider that is covered and fits your needs, if necessary.
- Assist in ensuring all your pertinent medical information is transitioned to a new provider if needed.

These services are complimentary to you as a priest of the Diocese of Orlando. Please do not hesitate to use them if needed. Our nurse care managers are currently accepting new senior priest participants.

OUR NURSE CARE MANAGERS:



Gwen Ledene, RN, BSN
IndeQuest Nurse
Case Manager
License RN #: 1897602



Nicole Crouser, RN, BSN
IndeQuest Nurse
Care Manager
License RN #: 9190260



Lindsey Mankoff, RN, BSN,
IndeQuest Nurse
Case Manager
License RN #: 9182118

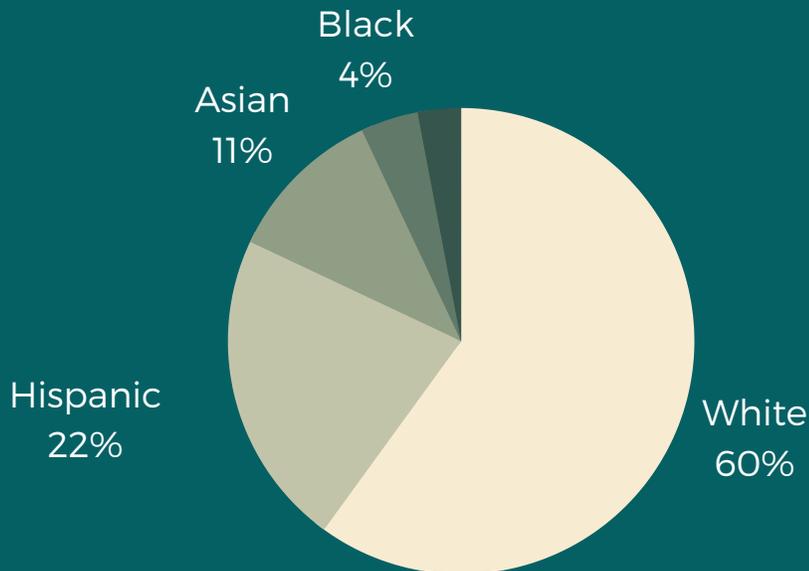
THE INDEQUEST NURSE CARE MANAGEMENT PROGRAM IS AVAILABLE TO INCARDINATED SENIOR PRIESTS (65+ YEARS OF AGE)

TO ENROLL CONTACT THE OFFICE FOR SENIOR PRIESTS (407) 246-4845.



CARA REPORT

ORDINATION CLASS OF 2022



Race of Ordinands

CARA’s annual study of seminarians scheduled for Ordination to the Priesthood is conducted in collaboration with the USCCB Secretariat of Clergy, Consecrated Life and Vocations. The heads of U.S. theologates, houses of formation, dioceses, archdioceses, eparchies, and religious institutes identified 419 men scheduled for Ordination in 2022. All were surveyed between January 10 and March 18, 2022, with a response rate of 76 percent. This year’s total of 419 ordinands contrasts with 481 in 2019, 448 in 2020, and 472 in 2021.

Seventy-five percent are preparing for the diocesan priesthood, 25 percent for a religious institute. Ninety-two percent are studying in seminaries in this country and 8 percent abroad. On average, diocesan ordinands lived in the diocese/eparchy for 17 years before they entered the seminary, and those for religious institutes knew their members an average of six years before entering. On average, they first considered the priesthood when they were age 16. Since 1999, the average age of Ordination has been mid-30s, trending slightly younger from an average of 36 in 1999 to the current average age of 33. Other major findings from survey respondents follow.



CARA REPORT

Continued

Race/Ethnicity and Culture

- Sixty percent of the ordinands are White, 22 percent Hispanic, 11 percent Asian, 4 percent Black, and 3 percent other or mixed race.
- Twenty-six percent are foreign-born, most commonly from Mexico, Vietnam, Brazil, Colombia, and India. On average, they came to this country 13 years ago at the age of 20.

Educational and Work Experience

- Nine percent were home schooled for an average of eight years. Between 39 and 42 percent attended a Catholic elementary/secondary school and/or college-level institution. Sixty-five percent participated in a parish religious education program for an average of seven years.
- Fifty-eight percent completed an undergraduate or graduate degree before entering the seminary, most commonly to study philosophy, theology, liberal arts, business, science/math, and education. Twenty-eight percent had educational debt when they entered, at \$29,550 on average.
- Sixty-eight percent reported full-time work before entering the seminary, 16 percent in education. Responding ordinands in religious institutes are 14 percentage points more likely than responding diocesan ordinands to have worked in education.

Religious Background

- Seventy-four percent participated in Eucharistic adoration on a regular basis before entering the seminary, and 72 percent prayed the rosary. Forty-six percent attended prayer groups/Bible study, 41 percent participated in high school retreats, 38 percent prayed Lectio Divina, and 32 percent participated in college retreats. Fifty percent participated in a parish youth group and 28 percent in Catholic campus ministry/Newman Center.
- Seventy-four percent served as altar servers, 51 percent as lectors, 37 percent as extraordinary ministers of Holy Communion, and 37 percent as catechists. Twenty-seven percent were Confirmation sponsors/godfathers, and 26 percent served as a cantor or in music ministry.

Vocational Discernment

- Ninety percent report being encouraged to consider the priesthood by someone in their life, most frequently the parish priest, a friend, or another parishioner. However, 48 percent were discouraged by one or more persons, most often a family member (other than parents) or a friend/classmate.
- Forty-nine percent participated in a “Come and See” weekend at the seminary or religious institute. During their seminary years, 83 percent reported that a Pastoral Year internship contributed at least “somewhat” to their vocation.

YOU'RE INVITED!

AGING WITH GRACE

A RETREAT FOR SENIOR PRIESTS OF
THE DIOCESE OF ORLANDO



OCTOBER 31 – NOVEMBER 2, 2022

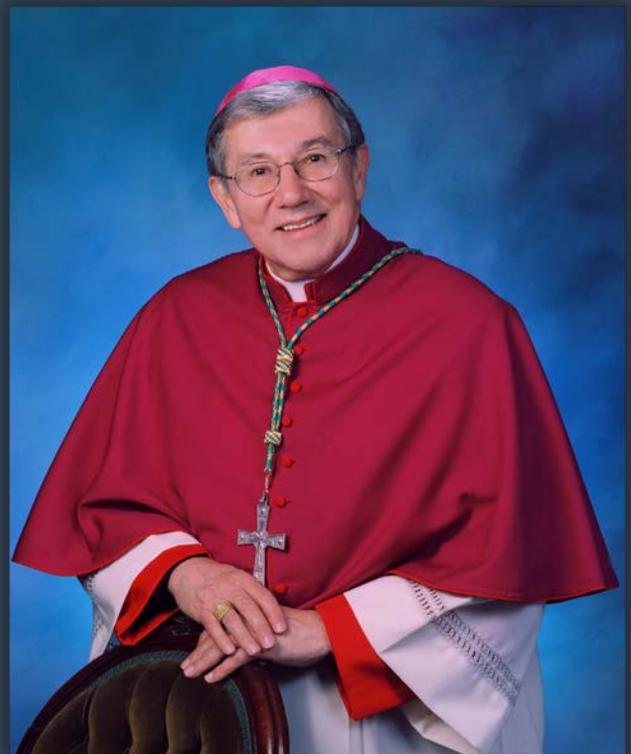
Bishop Denis J. Madden was ordained an Auxiliary Bishop for the Archdiocese of Baltimore by Cardinal William Keeler at the Cathedral of Mary Our Queen on August 24, 2005 and retired on October 1, 2021.

Bishop Madden was born in Carbondale, Pennsylvania on March 8, 1940. He received his undergraduate degree from St. Benedict's College in Atchison, Kansas.

He was ordained to the priesthood on April 1, 1967 as a Benedictine monk of St. Paul's Abbey in Newton, NJ. He received a master's degree in counseling psychology from Columbia University in New York in 1969 and a Ph.D. in clinical psychology from the University of Notre Dame in 1973. He is a licensed clinical psychologist in the State of Maryland. In 1973, after St. Paul's Abbey became a Korean Monastery, Bishop Madden came to Baltimore and served at St. Martin's Parish, an inner city parish and later at St. Gregory the Great Parish, an African American parish in West Baltimore and was incardinated into the Archdiocese of Baltimore in 1975.

KEYNOTE:

Most Rev. Denis J. Madden
Auxiliary Bishop Emeritus of Baltimore
Titular Bishop of Baia



RSVP TODAY

Email: lizy@sanpedrocenter.org

Link to register:

<https://www.sanpedrocenter.org/upcoming-events/priests-retreats-oct-31-nov-2-2022>

RETREAT SCHEDULE

AGING WITH GRACE

October 31 – November 2, 2022

Participants may attend any of the following meals or sessions.

Monday, October 31, 2022

- 4:00 pm Check in
- 5:30 pm Dinner
- 6:15 pm Evening Prayer w/Exposition, Adoration, & Benediction (Chapel)
- 8:00 pm Social

Tuesday, November 1, 2022

- 8:00 am Morning Prayer
- 8:30 am Mass
- 9:00 am Breakfast
- 10:00 am Retreat Presentation
- 10:45 am Break
- 11:00 am Continue Presentation
- 12:00 pm Lunch (Sacrament of Penance offered)
- 2:00 pm Retreat Presentation
- 5:30 pm Dinner
- 6:15 pm Evening Prayer w/Exposition, Adoration, & Benediction (Chapel)
- 8:00 pm Social

Wednesday, November 2, 2022

- 8:00 am Morning Prayer
- 8:30 am Mass (All Souls)
- 9:30 am Breakfast
- 10:30 am Panel Discussion with newest Priests
- 11:30 am Group Discussion and Q&A
- 12:00 pm Lunch with Bishop Noonan

Christmas Luncheon

With Bishop Noonan
December 13th or December 16th

RSVP must be given to Jennifer at
jkuhn@orlandodiocese.org or
407-246-4898 with the date you
choose and any dietary restrictions
by November 28th, 2022.

Invitations will be mailed soon.

HEALTH TIPS

DE-CLUTTERING OUR LIVES**DR. ROSEMARY LAIRD**

I was helping one of my children pack up his house and prepare to move several states away. As we worked through the drawers and cabinets, I heard several times, “I’ve been looking for that!” It was a good lesson in the dangers of clutter; we waste energy and time and miss important details and deadlines when our lives lack organization and tidiness. In addition, “clutter” can come from the business and stress of day-to-day life, making it difficult for us to stay healthy physically, cognitively, and emotionally. While it’s not the right season for spring cleaning, here are a few steps you can take to keep clutter at bay.

Turn down the stress:

While emotional stress may seem to have little relationship to your physical health, there is ample evidence of a strong connection. Consider a daily dose of “Calm” with the app Calm (available on iPhone or Android). Or grab a journal and start a habit of writing for 30 min each day. You will build up a strong defense against the stress of life. As a bonus, you could have your autobiography (sure to be a family bestseller) done in no time!

Stay Social:

An important lesson from the pandemic is that humans need social connections to stay healthy and happy. Create a list of meaningful relationships and make time to stay connected to important family and friends. Consider starting regular phone calls, setting aside time to have a meal together, or sending a good old-fashioned letter to someone out of town. For fun, add a crossword puzzle you can complete together.





DE-CLUTTERING OUR LIVES

Continued

Organize Your Personal Medical Records:

Your healthcare is one of the most critical areas to keep free of clutter! It can be challenging to keep track of healthcare maintenance practices, medications, and other tests or appointments. Consider creating your own Personal Medical Record. It can be a set of electronic files on your computer or a binder with paper files. Either way, be sure to include:

- A copy of your Living Will/ Health care Surrogate/ Power of Attorney forms. Be sure to indicate who you want to speak for if you cannot do so yourself.
- Include a list of your current healthcare providers. You should include your primary care provider and any specialists you see regularly. Include their office contact number.
- A list of your prescription medications and any over-the-counter products you take regularly. Include the name of pharmacy.
- A list of your health insurance with a copy of your insurance cards (front and back.)
- A list of your medical illnesses, other symptoms, or conditions that impact you most days.
- Copies of critical medical records from past illnesses. This may include copies of X-rays, CT Scans or MRIs, Blood tests, etc.



SENIOR SERVICE – BY COUNTY

ORANGE COUNTY

Seniors First, Inc.

Services:

Meals on Wheels
In-Home Care
Guardianship
Stepping Stone Medical Equipment

5395 LB McLeod Road
Orlando, FL 32811
(407) 292-0177
Email: info@seniorsfirstinc.org

SEMINOLE COUNTY

Meals on Wheels, Etc.

Services:

Meals on Wheels
Transportation
Homemaking Services
Chores & Home Improvements

2801 S. Financial Court
Sanford, FL 32773
(407) 333-8877
Email: info@mealsetc.org

BREVARD COUNTY

Aging Matters in Brevard

Services:

Meals on Wheels
Seniors At Lunch
Transportation
Catering

3600 W. King Street
Cocoa, FL 32926
(321) 632-0469
www.AgingMattersBrevard.org

OSCEOLA COUNTY

Osceola County Council on Aging,
Inc.

Services:

In Home Services
Nutrition
Transportation
Weatherization/Chores

700 Generation Point
Kissimmee, FL 34744
(407) 846-8532
Email: info@osceola-coa.com

UPPER ROOM CRISIS HOTLINE

The Upper Room Hotline is a faith based hotline in the Catholic Tradition. The Upper room Crisis Hotline is motivated by the mercy and compassion of Jesus. The Upper Room provides a non-judgmental listening and referral hotline to anyone in spiritual need including clergy, religious, and lay people of all faiths.

Call 1-888-808-8724 Central Time between 8:00 a.m.–10:00 p.m., Monday - Friday.

SENIOR SERVICES - BY COUNTY, CONT'D

VOLUSIA COUNTY

Council on Aging of Volusia County

Services :

Personal Care
Chores
Meal Services
Respite Program
Guardianship
Senior Activities

420 Fentress Blvd.
Daytona Beach, FL 32114
Phone: (386) 253-4700
Fax: (386) 253-6300

POLK COUNTY

VISTE (Volunteers in Service to the Elderly)

Services:

Transportation
Supplemental Groceries
Hot Meals
Birthdays

1232 E. Magnolia Street
Lakeland, FL 33801
Phone: (863) 284-0828
Email: info@viste.org

SUMTER COUNTY

Mid Florida Community Services, Inc.

Free Meals - Tuesdays and Wednesdays

Breakfast at 9:00 a.m.

Lunch at 11:00 a.m.

410 East Belt Avenue

Bushnell, FL 33513

Phone: (352) 793-6111

(Pre-registration required)

MARION COUNTY

Marion Senior Services

Services :

Nutritional Programs
Transportation
In-home support
(Including, Adult Day Care, Case Management, Emergency Alerts, Energy Assistance, Homemaker Services, Meals on Wheels, Personal Care, Respite Care, Nutritional Supplement, etc.

1101 SW 20th Court
Ocala, FL 34471
Phone: (352) 620-3501

LAKE COUNTY

Elder Options

Services :

Elder Helpline -
Get Help: (800) 262-2243
Elder Abuse Prevention
Options & Benefits Counseling
SHINE-Guidance on health insurance
Saavy Caregiver Training
Care Transitions Program
Healthy Aging Classes
Tele-Talk

100 SW 75th Street, Suite 301
Gainesville, FL 32607
Phone: (800) 262-2243
Fax: (352) 378-1256

BIRTHDAYS

SEPTEMBER

Rev. Frank Zammitt
 Msgr. John Bluett
 Rev. William Finley
 Rev. Andrew Wawrzycki
 Very Rev. Edward McCarthy
 Very Rev. Paul Henry
 Rev. Anthony Bluett
 Rev. Robert Mitchell

Let's Celebrate!

OCTOBER

Msgr. William Ennis
 Rev. Joseph Pinchock
 Rev. Joseph Bui

NOVEMBER

Rev. Clyde Bonar
 Msgr. Patrick Sheedy
 Rev. Sean Heslin
 Rev. Franklin Buck
 Rev. Ronald Oser
 Rev. Felicito Baybay
 Ver Rev. Fred Ruse
 Rev. Charles Mitchell
 Rev. Peter Puntal



PRIEST ORDINATION ANNIVERSARIES

SEPTEMBER

Very Rev. Edward McCarthy	18/1971	51 years
Most Rev. John Noonan	23/1983	39 years
Rev. Nicholas Bryan	17/1983	39 years
Rev. Peter Puntal	14/1982	40 years

OCTOBER

Rev. Augustine Clark	4/1997	25 years
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NOVEMBER

Rev. Cromwell Cabrisos	29/1978	44 years
Very. Rev. Fernando Gill	26/1988	34 years
Rev. Robert Markunas	13/1976	46 years



ANNIVERSARY OF DECEASED PRIESTS

A PRIEST FOREVER

SEPTEMBER

Very Rev. John McCormick
Monsignor Patrick Caverly

OCTOBER

Monsignor Charles Bartok
Monsignor Matthew Connolly
Rev. Michael Giglio
Monsignor Paul Kamide
Rev. Joseph Nolan
Rev. Raymond O'Leary
Rev. Patrick O'Reilly

NOVEMBER

Rev. Thomas Bergin
Monsignor John Caulfield
Rev. Lyle Danen
Rev. Hugo Londono

A Priest

To live in the midst of the world
without wishing its pleasures;
To be a member of each family,
yet belonging to none;
To share all suffering;
to penetrate all secrets;
To heal all wounds;
to go from men to God
and offer Him their prayers;
To return from God to men
to bring pardon and hope;
To have a heart of fire for Charity,
and a heart of bronze for Chastity
To teach and to pardon,
console and bless always.
My God, what a life;
and it is yours,
O priest of Jesus Christ.

—Lacordaire

