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## BE (Be a Eucharist)

Heavenly Father, At our wondrous birth, You invite us to be a part of Your body.

We praise You for Your Gift of the Bread from Heaven divine in Your Son, Jesus.

At Your table, You offer us to take and eat the Eucharist, to receive Jesus in the depth of our soul.

Your prescient love fills the longing of our heart and we journey in hope – strangers no longer.

In this sacred mystery, You call us to to do for others as You have done.

Transfigured by Your holy Spirit we promise to be Your Eucharist to one another that all will know You until the end of the age.

Amen.



